



2023-2024 Academic Year
List of Courses Offered in Foreign Language

Faculty of Sport Sciences
Spor Bilimleri Fakültesi

	Department <i>Bölüm</i>	Course Code <i>Ders Kodu</i>	ECTS <i>AKTS</i>	Course Title <i>Dersin Adı</i>	Semester <i>Dönem</i>	Course Content <i>Dersin İçeriği</i>	Academic Staff <i>Dersi Veren Öğretim Elemanı</i>	Online Available <i>Çevrimiçi</i>
1	Antrenörlük Eğitimi <i>Coaching Educating</i>	AEB 303	2	Sports Psychology	Güz <i>Fall</i>	Concepts of Psychology and Sport Psychology, Psychological factors that influence success in sport (mental, emotional and personality factors), Concepts of Motivation and Achievement Motivation, Personality, Self, Self-Esteem, and Self-Confidence, arousal, anxiety, fear and stress. Aggression and violence in sport, psychological test and psychological and mental training techniques.	Prof. Dr. Abdurrahman AKTOP	
2	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANT 402	2	Sport Pedagogy	Bahar <i>Spring</i>	Concepts of Pedagogy and Sport pedagogy, Pedagogic responsibilities of coach, preseason, in season and after season responsibilities. Teaching new skills, introduction, explanation and demonstration phase. Difficult Skills, factors that affect the efficiency of workouts. Teaching Complex skills. Feedback, Typology of coaches and athletes – coach communication.	Prof. Dr. Abdurrahman AKTOP	
3	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANB 103	3	Athletics	Güz <i>Fall</i>	Definition, history, classification, rules, technical information, short, middle and long distance running, relay running, shot put, discus throw, long jump, high jump, walking.	Prof. Dr. Abdurrahman AKTOP	
4	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANB 278	3	Exercise Psychology	Bahar <i>Spring</i>	It covers definition and concepts of exercise psychology, exercise adherence, psychological aspects of exercise, physical fitness and personality, theoretical models of exercise behavior, motivating exercise behavior, principles of cognitive and behavioral change strategies, counseling in fitness profession, leadership and group dynamics, exercise and special groups.	Prof. Dr. Abdurrahman AKTOP	
5	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANB 375	3	Psychological Preparation for Competition	Güz <i>Fall</i>	This course includes exercise, concepts of sport and physical activity, theories of learning, theories of social psychology within the framework of sports psychology, motivation and motivation theories, personality and personality theories, individual differences and similarities, interpersonal processes affecting the relationships between people, psychological problems specific to psychological psychology.	Prof. Dr. Abdurrahman AKTOP	
6	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANT302	3	Observation and Evaluation in Sports	Bahar <i>Spring</i>	Concepts of Observation and Evaluation in Sport, advantage and limitations, Data Collection Techniques, Systematic Observation and Observation Techniques in Psychology and Social Sciences, Systematic Approaches to Observation of Sport Skills Basic Recording Techniques, Competition Match and Performance Analysis Techniques, Notation Analysis and New Approaches in Observation and Evaluation in Sport. Scouting and Computer based Analysis Programs.	Prof. Dr. Abdurrahman AKTOP	
7	Antrenörlük Eğitimi <i>Coaching Educating</i>	AEB203	4	Teaching Methods in Sports	Güz <i>Fall</i>	Model and method concepts. Learning-teaching processes, field- specific teaching methods, evaluation of teaching, methods /styles and application used in physical education and sports classes. Command, practice, reciprocal, self-check, inclusion, guided discovery, problem solving methods/styles. sports training, tactical game and individual and social responsibility models.	Prof. Dr. Abdurrahman AKTOP	
8	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANT214	3	Motor Development	Bahar <i>Spring</i>	It includes essential concepts of development and motor development, theories of development, factors affecting development, stages of motor development, abilities of children, perceptual-motor development, games, developmental physical education, assessing children's motor behavior.	Prof. Dr. Abdurrahman AKTOP	
9	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANT 573-773	5	Sports Conditioning	Güz <i>Fall</i>	To learn methods to develop various main motoric features and its sub-titles. To be able to transfer the knowledge to the field at a level that will ensure and track the athletic performance development of the athlete.	Assoc. Prof. Tuba MELEKOĞLU	
10	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANT 305	3	Nutrition for Sport	Bahar <i>Spring</i>	Importance of adequate and balanced nutrition and Importance of sports nutrition Carbohydrates / Proteins / Lipids / Vitamins / Minerals / fluid / fiber Hydration Food groups Sports nutrition Energy Metabolism Pre-, During and Post-Event Eating Weight management Nutritional ergogenic aids	Assoc. Prof. Tuba MELEKOĞLU	
11	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANT 108	3	Swimming	Bahar <i>Spring</i>	History of swimming, the structure of olympic swimming pools, pool dimensions and pool usage principles. Water adaptation, water resistance, swimming techniques, turns, exits and jumps.	Assoc. Prof. Tuba MELEKOĞLU	
12	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANT 820	3	Woman & Sports	Bahar <i>Spring</i>	Women and sports performance	Assoc. Prof. Tuba MELEKOĞLU	

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14	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANB 207	3	Exercise Physiology I	Güz <i>Fall</i>	The acute and chronic effects of exercise on physiology, energy systems, muscle system and exercise, respiratory system and exercise, cardiovascular system and exercise	Assoc. Prof. Tuba MELEKOĞLU	
15	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANB 211	3	Sports Nutrition	Güz <i>Fall</i>	Importance of adequate and balanced nutrition and Importance of sports nutrition Carbohydrates / Proteins / Lipids / Vitamins / Minerals / fluid / fiber Hydration Food groups Sports nutrition Energy Metabolism Pre-, During and Post-Event Eating Weight management Nutritional ergogenic aids	Assoc. Prof. Tuba MELEKOĞLU	
16	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANB 202	3	Exercise Physiology II	Bahar <i>Spring</i>	Exercise and endocrine system, environmental factors and exercise, exercise and health	Assoc. Prof. Tuba MELEKOĞLU	
17	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANB 272	3	Taping and Bandaging	Bahar <i>Spring</i>	Develop a basic knowledge of health, health to sense , disase concepts. Develop a basic knowledge of preventive health and therapeutic health. To cognize knowledge of harmful habit and Prevent from harmful habit .To depict and recognize special sports injuries. Develop a basic knowledge of prevent from sports injuries. Administer appropriate general and sport first aids	Assoc. Prof. Tuba MELEKOĞLU	
18	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANB 379	3	Laboratory Performance Tests	Güz <i>Fall</i>	To have knowledge about the tests applied in the laboratory and to learn the laboratory rules. To learn the advanced technology devices used. To learn to report and interpret data from tests.	Assoc. Prof. Tuba MELEKOĞLU	
19	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANB 312	3	Performance Measurements, Tests and Evaluation	Bahar <i>Spring</i>	To learn the historical process of tests in which physical performance is evaluated. To learn the purposes of testing. To learn the main tests used in the field at the application level.	Assoc. Prof. Tuba MELEKOĞLU	
20	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANB 378	3	Applied Field Performance Tests	Bahar <i>Spring</i>	To learn the performance tests applied in the field. To learn the problems that may arise while testing in field conditions. To understand how to create a training plan according to the data obtained as a result of the tests.	Assoc. Prof. Tuba MELEKOĞLU	
21	Antrenörlük Eğitimi <i>Coaching Educating</i>	AEB513	5	Golf 1	Güz <i>Fall</i>	The aim of the module is to teach the fundamentals, basic techniques of Golf and prepare the speciality of Golf. In this module it is also taught how to play the game (introduction, starting the short game, putting, hazards and difficult shots, faults and problem solving, errors in the short game). Rules and etiquette, and the world of championship golf.	Lect. Soner ÖZDEMİR	
22	Antrenörlük Eğitimi <i>Coaching Educating</i>	AEB217	2	Professional English	Güz <i>Fall</i>	This module(B1,B2) is taught for Students who will use English after the university during their career. They get intermediate and professional level. It takes 15 weeks including theoretical as well practical sessions. Internet resources, library documents are used in order to support to the student developments.	Lect. Soner ÖZDEMİR	
23	Antrenörlük Eğitimi <i>Coaching Educating</i>	ANT311	2	Sports Philosophy	Güz <i>Fall</i>	Knowledge, Science, Philosophy and Philosophy of Sports, Moral Philosophy, sports and ethics, Sports and Self-knowledge, Paternalism Drugs and Nature of Sports	Prof. Dr. Bahri GÜRPINAR	