



2023-2024 Academic Year
List of Courses Offered in Foreign Language
2023-2024 Akademik Yılı
Yabancı Dilde Açılacak Dersler Listesi

Faculty of Sport Sciences
Spor Bilimleri Fakültesi

	Department <i>Bölüm</i>	Course Code <i>Ders Kodu</i>	ECTS <i>AKTS</i>	Course Title <i>Dersin Adı</i>	Semester <i>Dönem</i>	Course Content <i>Dersin İçeriği</i>	Academic Staff <i>Dersi Veren Öğretim Elemanı</i>	Online Available <i>Çevrimiçi</i>
1	Coaching Educating	ANT 402	2	Sport Pedagogy	Spring	Concepts of Pedagogy and Spot pedagogy, Pedagogic responsibilities of coach, preseason, in season and after season responsibilities. Teaching new skills, introduction, explanation and demonstration phase. Difficult Skills, factors that affect the efficiency of workouts. Teaching Complex skills. Feedback, Typology of coaches and athletes – coach communication.	Prof. Dr. Abdurrahman AKTOP	
2	Coaching Educating	ANB 278	3	Exercise Psychology	Spring	It covers definition and concepts of exercise psychology, exercise adherence, psychological aspects of exercise, physical fitness and personality, theoretical models of exercise behavior, motivating exercise behavior, principles of cognitive and behavioral change strategies, counseling in fitness profession, leadership and group dynamics, exercise and special groups.	Prof. Dr. Abdurrahman AKTOP	
3	Coaching Educating	ANT302	3	Observation and Evaluation in Sports	Spring	Concepts of Observation and Evaluation in Sport, advantage and limitations, Data Collection Techniques, Systematic Observation and Observation Techniques in Psychology and Social Sciences, Systematic Approaches to Observation of Sport Skills Basic Recording Techniques, Competition Match and Performance Analysis Techniques, Notation Analysis and New Approaches in Observation and Evaluation in Sport. Scouting and Computer based Analysis Programs.	Prof. Dr. Abdurrahman AKTOP	
4	Coaching Educating	ANT214	3	Motor Development	Spring	It includes essential concepts of development and motor development, theories of development, factors affecting development, stages of motor development, abilities of children, perceptual-motor development, games, developmental physical education, assessing children's motor behavior.	Prof. Dr. Abdurrahman AKTOP	
5	Coaching Educating	ANT 305	3	Nutrition for Sport	Spring	Importance of adequate and balanced nutrition and Importance of sports nutrition Carbohydrates / Proteins / Lipids / Vitamins / Minerals / fluid / fiber Hydration Food groups Sports nutrition Energy Metabolism Pre-, During and Post-Event Eating Weight management Nutritional ergogenic aids	Assoc. Prof. Dr. Tuba MELEKOĞLU	
6	Coaching Educating	ANT 108	3	Swimming	Spring	History of swimming, the structure of olympic swimming pools, pool dimensions and pool usage principles. Water adaptation, water resistance, swimming techniques, turns, exits and jumps.	Assoc. Prof. Dr. Tuba MELEKOĞLU	
7	Coaching Educating	ANT 820	3	Woman & Sports	Spring	Women and sports performance	Assoc. Prof. Dr. Tuba MELEKOĞLU	
8	Coaching Educating	ANB 108	3	Swimming	Spring	History of swimming, the structure of olympic swimming pools, pool dimensions and pool usage principles. Water adaptation, water resistance, swimming techniques, turns, exits and jumps.	Assoc. Prof. Dr. Tuba MELEKOĞLU	

9	Coaching Educating	ANB 202	3	Exercise Physiology II	Spring	Exercise and endocrine system, environmental factors and exercise, exercise and health	Assoc. Prof. Dr. Tuba MELEKOĞLU	
10	Coaching Educating	ANB 272	3	Taping and Bandaging	Spring	Develop a basic knowledge of health, health to sense , disase concepts. Develop a basic knowledge of preventive health and therapeutic health. To cognize knowledge of harmful habit and Prevent from harmful habit .To depict and recognize special sports injuries. Develop a basic knowledge of prevent from sports injuries. Administer appropriate general and sport first aids	Assoc. Prof. Dr. Tuba MELEKOĞLU	
11	Coaching Educating	ANB 312	3	Performance Measurements, Tests and Evaluation	Spring	To learn the historical process of tests in which physical performance is evaluated. To learn the purposes of testing. To learn the main tests used in the field at the application level.	Assoc. Prof. Dr. Tuba MELEKOĞLU	
12	Coaching Educating	ANB 378	3	Applied Field Performance Tests	Spring	To learn the performance tests applied in the field. To learn the problems that may arise while testing in field conditions. To understand how to create a training plan according to the data obtained as a result of the tests.	Assoc. Prof. Dr. Tuba MELEKOĞLU	