

## **Akdeniz University**

Rektörlük Servis Rektörlük Servis

	Addiction of Information Technologies					
Semester	Course Unit Code	Course Unit Title	L+P	Credit	Number of ECTS Credits	
3	ENF 213	Addiction of Information Technologies	2	2	2	
Mode of Delivery:						
Face to Face						
Language of Instru	iction:					
Turkish <b>Level of Course Uni</b>	I.					
Bachelor's Degree	IC:					
Work Placement(s)	•					
No	•					
Department / Prog	iram:					
Rektörlük Servis						
Type of Course Unit	t:					
Elective						
Objectives of the Co						
	e is to raise awareness about t	ne negative effects of technology that we frequently use today, to gain s	strategies to cope with the negative	effects of techno	logy and to use the right	
technology.						
Content of the Cou						
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Course Category						
Mathmatics and Basic Sciences	:	Education	:	30		
Engineering	:	Science	:	10		
Engineering Design	:	Health	:	40		
Social Sciences	: 20	Field	:			

Veek	Topics	Study Materials	Materials
• • • • • • • • • • • • • • • • • • • •	Basic concepts, positive and negative aspects of technology, addiction		
	Features of addiction in internet use, measurement of internet addiction, signs and symptoms of internet		
	Awareness and coping strategies for students, teachers and families in internet addiction		
	Game addiction characteristics, signs and symptoms, measurement		
	Awareness and coping strategies for students, teachers and families in game addiction		
	Smartphone addiction characteristics, signs and symptoms, measurement		
	Awareness and coping strategies for students, teachers and families in smartphone addiction		
	Midterm		
	Social network addiction characteristics, signs and symptoms, measurement		
	Awareness and coping strategies for students, teachers and families in social network addiction		
	What is cyberbullying?, Differences from general bullying, Types of cyberbullying, Cyberbullying tools		
2	Awareness and coping strategies for students, teachers and families about cyberbullying		
	Creating a school culture		
4	Policy and laws		
Cours	e Learning Outcomes	·	
10	Learning Outcomes		
01 02 03	Knows the negative effects of technology. Gains awareness of the negative effects of technology. Can use strategies to cope with the negative effects of technology in accordance with the context. It can take precautions against the negative effects of technology. Can use technology for its intended purpose.		

Assessment Methods and Criteria			ECTS Allocated Based on Student W	/orkload		
In-Term Studies	Quantity	Percentage	Activities	Quantity	Duration	Total Work Load
Mid-terms	1	%30	Course Duration	14	2	28
Quizzes	0	%0	Hours for off-the-c.r.stud	1	2	2
Assignment	0	%0	Assignments	0	0	0
Attendance	1	%10	Presentation	0	0	0
Practice	0	%0	Mid-terms	1	10	10
Project	0	%0	Practice	0	0	0
Final examination	1	%60	Laboratory	0	0	0
Total		%100	Project	0	0	0
			Final examination	1	20	20
			Total Work Load			60
	ECTS Credit of the Course				2	
Contribution of Learning Outcomes to Pro	gramme Outcomes					
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